

# Dairy Free Guide

This guide refers to **Dairy Free** as dishes that do not contain any milk or milk derived products (cream, butter or margarine).

## Tapas Frias, Panes y Ensaladas Cold Tapas, Breads and Salads

<b>Pan con ali-oli (V)</b> Fresh bread with a garlic mayo dip	£2.25
<b>Pan de aceitunas (V)</b> Basket of olive bread (ask for no butter)	£2.50
<b>Pan tomaca (V)</b> Toasted bread spread with grated tomatoes, olive oil, garlic & parsley	£2.25
<b>Pan fresco</b> Basket of fresh bread (baguette) (ask for no butter)	£1.75
<b>Aceitunas (V)</b> Green queen olives	£1.95
<b>Aceitunas marinadas (V)</b> Black and green olives marinated in lemon, garlic and red chillies	£2.25
<b>Tomate aliñado (V)</b> Tomatoes with an olive oil, chopped garlic & parsley dressing	£2.95
<b>Boquerones con tomate aliñado</b> Unsalted anchovies and tomatoes with an olive oil, chopped garlic & parsley dressing	£4.25
<b>Surtido de tapas frias</b> Selection of cold tapas with serrano ham, sardines, white asparagus, artichokes, olives, peppers, tomato and chorizo ibérico	£5.95
<b>Sardinas con alcachofas</b> Sardines marinated in basil oil served with artichokes	£4.25
<b>Ensalada verde (V)</b> Salad of mixed greens dressed with olive oil	£4.75
<b>Ensalada El Coto (FR)</b> Mixed leaves, tomatoes, onion, tuna, boiled egg, pepper, green olives, carrot & sweet-corn	£5.95

## Embutidos Cured Meats

<b>Jamón serrano</b> (media ración / ración) Small/large portion of Spanish serrano ham	£4.75/ £8.25
<b>Jamón de pata negra</b> (ración) Large portion of special Spanish cures ham	£18.95
<b>Surtido de embutidos ibéricos</b> (media / ración) Selection of cured meats including chorizo, salchichón & lomo embuchado (half/full portion)	£6.95/ £13.95

## Tapas Calientes Hot Tapas

<b>"Papas bravas" (V)</b> Potato chips with a hot & spicy tomato sauce	£2.95
<b>Patatas con salsa de mostaza (V)</b> Potato chips with a creamy honey & mustard mayonnaise	£2.95
<b>Patatas malagueñas (V)</b> Potato chips with a spicy, tomato mayonnaise	£2.95

## Tapas Calientes Hot Tapas

<b>Chorizo frito</b> Chunks of chorizo sausage fried with garlic & white wine	£4.25
<b>Longaniza frita al vino blanco</b> Spanish sausage fried with garlic & white wine	£4.25
<b>Langostinos a la plancha</b> Grilled tiger prawns	£5.50
<b>Puntas a la andaluza</b> Pork tenderloin pan-fried with onions, peppers & sherry	£4.95
<b>Gambas al ajillo</b> King prawns fried in olive oil with chillies & garlic	£4.95
<b>Champiñones al vino blanco (V)</b> Mushrooms sautéed in olive oil, garlic & white wine	£3.75
<b>Bocaditos de salmón</b> Deep-fried breaded chunks of salmon	£4.50
<b>Cordero en salsa</b> A rustic stew of lamb in red wine with peppers & thyme	£5.25
<b>Pollo al ajillo</b> Chicken sautéed in olive oil with garlic, parsley & white wine	£4.65
<b>Arroz de matanza *</b> Rice cooked with chicken, pork and chorizo	£4.25
<b>Arroz de verduras * (V)</b> Rice cooked with a mixture of vegetables	£3.95
<b>Patatas a lo pobre (V)</b> Sliced potatoes pan-fried with onions & green peppers	£2.95
<b>Garbanzos (V)</b> Chickpea casserole with tomato & spinach	£3.95
<b>Morcilla con tomate</b> Spanish spicy black pudding in a tomato sauce	£4.25
<b>Revuelto de chorizo y patatas (FR)</b> Potatoes scrambled with egg, chorizo & red peppers	£4.75
<b>Gambas con gabardina</b> King prawns deep fried in a beer batter	£4.80
<b>Albóndigas en salsa española</b> Home-made lamb meatballs in a Spanish sauce	£4.75
<b>Ternera a la mesonera</b> Home-made beef stew	£4.95
<b>Pollo a la cazuela</b> Chicken casserole with chorizo, serrano ham, sherry & olives	£4.95
<b>Tortilla paisana (V) (FR)</b> Omelette made with potato & mixed vegetables	£3.50
<b>Brocheta de pollo</b> Marinated chicken breast served with ali-oli, potato chips and salad	£4.50
<b>Ropa vieja</b> Chickpea, beef & aubergine casserole with allspice & cloves	£4.50
<b>Pimientos del piquillo con morcilla y arroz</b> Piquillo peppers stuffed with black pudding and rice	£4.75
<b>Dátiles con beicon</b> Dates with an almond centre wrapped in bacon	£4.50